

# Tsukuba Summer Institute



University of Tsukuba  
筑波大学



THE UNIVERSITY  
OF QUEENSLAND  
AUSTRALIA

## Overview

The inaugural Tsukuba Summer Institute (TSI) was held at the University of Tsukuba campus from July 24th to July 31st. The TSI signifies the joint relationship between the University of Tsukuba, The Ohio State University and The University of Queensland.



## Format of Proceedings

The TSI was held over six days and was delivered through Lectures and Options. Each day followed a format of lectures from 0900- 1200 and smaller group options from 1400-1600. At the conclusion of the day a debrief of 30 minutes was held

with all participants. The lectures included a number of international guests who ranged from Professors to Athlete Managers.

The option groups are summarised below;

### M o n d a y

Option 1 - Writing a unit of work using Sport Education

Option 2 - Research discussions about writing a Literature review, led by Jackie and David (Vince and I attended this session)

### T u e s d a y

Option 1 - Judo training

Option 2 - Writing research questions, led by Jackie and David

Option 3 - Tour of sport facilities (Vince and I attended this session)

### W e d n e s d a y

Option 1 - Visiting sports clubs (Vince attended).

Option 2 - TGfU lead by David in the gym (I attended this session)

### F r i d a y

Option 1 - lab tour

### S a t u r d a y

Option 1 - Visiting sports clubs for students

Option 2 - Discussions about research ( I attended)



# Overview of Presentations

## Monday July 26th

Professor David Kirk - University of Bedfordshire.

### Sport Education Model

Brief Description:

Professor Kirk outlined the Sport Education Model through practical examples from primary schools in the UK. The presentation was delivered in an applied format utilizing examples of a unit of work. The presentation was based within a school context.

Professor Takeo Takahashi - Nippon Sport Science University.

### Learning about practices of sport education

Brief Description:

Professor Takahashi described the use of Sport Education in Japanese schooling. In essence, Professor Takahashi outlined the cultural place of sport in Japanese Schools with reference to Sport Education.

## Tuesday July 27th

Dr. Hisahi Sanada - University of Tsukuba

### Martial Arts as education and culture

Brief Description:

Martial Arts plays a significant role in Japanese culture. Through Martial Arts (Kendo, Judo, Budo) Japanese men and women are exposed to not only to the physical but to the mental and spiritual. This presentation was delivered through a video of Jigoro Kano - the founder of Budo.

Hiroataka Okada - University of Tsukuba

### Instructional Judo (practical session)

Brief Description:

Hiroataka Okada was an elite Joduka who completed in numerous world championships (gold medal 87, 91) and was a Bronze medalist in the 92 Barcelona

games. For this session all participants took part in a Judo session in the University of Tsukuba's Keno. This was an excellent session and was enjoyed by all. The heat in the Keno was intense. Interesting point - Judo is compulsory in junior school in Japan for males. Females are able to practice either dance or kendo. Finally, Judo in schools is delivered by P.E teachers not Judo instructors as I had previously thought.



## Wednesday July 28th

### Jae Westfall - The Ohio State University

#### Wellness as a Concept

##### Brief Description:

Jae presented information about The Ohio State University's Wellness as a concept model. The program consists of 12,000 students each year, where students are able to play recreational sport.

### David Graham - The Ohio State University

#### Supporting Student athletes

##### Brief Description:

David manages the elite athlete program at Ohio State. Currently Ohio State has 1000 athlete students in a range of sports. The presentation outlines the way Ohio State supports their athletes.

## Friday July 30th

Vince Kelly - UQ

### University and Community Sport

Brief Description:

Vince outlined his dual role in UQSport and the school of HMS. The presentation gave the audience an opportunity to see how UQSport works closely within the University and the community to promote healthy lifestyles.

Yutaka Sato

### Sport promotion in Japan

Brief description:

This presentation outlined the role of sport and physical activity for school aged students in Japan. Examples of information presented included statistics on exercise adherence, levels of obesity and participation in organized sport.

## Saturday July 30th

Dr. Jackie Goodway

### Motor development

Brief description:

Jackie presented her research on how students in primary PE are taught motor skills. Using a Dynamical Systems approach she recommends that pre-service teachers need to focus on delivering basic motor patterns in primary school to allow for competence in games in later years. Following this was a practical session where Jackie taught the class about the stages of learning for throwing and kicking.

## Social Aspects

Trip to Tokyo to the Japanese Institute of Sport Sciences

Formal dinners plus a Japanese BBQ (Every night!!)

Formal welcome and farewell drinks

University tours



## Information

- \* The University of Tsukuba has approximately 250 undergraduates, 100 masters students and 30 doctoral students.
- \* Close to 30 masters students and 20 undergraduate students attended the TSI.
- \* These students paid up to 10,000 Yen to attend and did not receive any academic credit for doing so.
- \* It is compulsory for Tsukuba students to do one credit of PE.
- \* The english ability of the Tsukuba students is varied but most understand far more english and are very good at working through conversation.
- \* The Tsukuba staff are extremely keen to see Australian students to attend Tsukuba on exchange.
- \* It appears the the relationship between Tsukuba and UQ - HMS is very strong, thanks to the work of Doune, Louise, Richard and lisahunter. This is a relationship that Miki and Etsuski are keen to continue and develop.



## Recommendations / Information

- Include in the costs a translator.
- More graduate student lead options in the afternoon.
- Consider the length of the TSI.
- Inclusion of an ice breaker or assign students into teams where they complete in daily physical activities or games
- Consider the timing to allow for UQ staff to attend. A proposed date is mid-July.
- Formal survey to be administered at the end of the TSI
- Begin to incorporate some more research based presentations
- Miki has decided to hold the next TSI 2011, however it is thought that the hosting would be shared in later years
- Students should be able to achieve academic credit for attending
- Straddie Conference could be a useful space if we were hosting.
- Additionally no-one hosts guests like the Japanese. It would be difficult for us to follow the high standard of welcome and hosting set by Miki and Etsuski.

